

Sport Academy Regulations 2025

Ethra Reserve

Frisbee

At **Ethra Reserve, from August 25 to August 28, 2025, and from September 1 to September 5, 2025**, the Bluserena Sport Academy of Frisbee will be held, exclusively for guests staying at one of the hotels and resorts in Ethra (Valentino Resort, Calanè Resort, Kalidria Hotel & Thalasso SPA, Alborèa Ecolodge Resort).

The Academy will feature an exceptional coach, **Francesco Santolin*** (Frisbee champion).

Two courses are planned (not simultaneously): for ages 6 to 14, each with a maximum of 15 participants. It is not possible to register children/teens outside the age ranges specified in the regulations. Each course consists of a 45-minute lesson per day, Monday to Friday, in the 9:00 AM - 12:00 PM time slot, and will take place at Valentino Resort. In case of bad weather, the lessons will be rescheduled within the period leading up to the end of the Academy.

Registrations can be made during the vacation booking process, online or on-site at the **Front Office and Activity Point**. For information, please contact the Activity Point at Valentino Resort.

The cost is €100 per person for the entire week (single lessons cannot be booked). For families with more than one child participating, the full price applies to the first child, and a 50% discount is applied to the others. Please note that in order for the discount to apply, all children must stay in the same room. The cost includes a kit consisting of: 1 backpack, 1 t-shirt, 1 water bottle, and 1 cap.

At the end of each Academy course, a medal and a participation certificate will be awarded to each participant.

**In case the aforementioned champion/coach is unavailable due to unforeseen circumstances or injury, the same Academy will be conducted by a coach of equal standing.*

Breakdance

At **Ethra Reserve**, from **July 14 to July 18, 2025**, and from **July 21 to July 28, 2025**, the Bluserena Sport Academy of Breakdance will be held, exclusively for guests staying at one of the hotels and resorts in Ethra (Valentino Resort, Calanè Resort, Kalidria Hotel & Thalasso SPA, Alborèa Ecolodge Resort).

The Academy will feature an exceptional coach, **Erik Galloni*** (Breakdance champion).

Two courses are planned (not simultaneously): for ages 6 to 14, each with a maximum of 15 participants. It is not possible to register children/teens outside the age ranges specified in the regulations. Each course consists of a 45-minute lesson per day, Monday to Friday, in the 9:00 AM - 12:00 PM time slot, and will take place at Valentino Resort. In case of bad weather, the lessons will be rescheduled within the period leading up to the end of the Academy.

Registrations can be made during the vacation booking process, online or on-site at the **Front Office and Activity Point**. For information, please contact the Activity Point at Valentino Resort.

The cost is €100 per person for the entire week (single lessons cannot be booked). For families with more than one child participating, the full price applies to the first child, and a 50% discount is applied to the others. Please note that in order for the discount to apply, all children must stay in the same room. The cost includes a kit consisting of: 1 backpack, 1 t-shirt, 1 water bottle, and 1 cap.

At the end of each Academy course, a medal and a participation certificate will be awarded to each participant.

**In case the aforementioned champion/coach is unavailable due to unforeseen circumstances or injury, the same Academy will be conducted by a coach of equal standing.*

Artistic Gymnastics

At **Ethra Reserve**, from **August 11 to August 15, 2025**, from **August 18 to August 22, 2025**, and from **August 25 to August 29, 2025**, the Bluserena Sport Academy of Artistic Gymnastics will be held, exclusively for guests staying at one of the hotels and resorts in Ethra (Valentino Resort, Calanè Resort, Kalidria Hotel & Thalasso SPA, Alborèa Ecolodge Resort).

The Academy will feature an exceptional coach, **Giorgia Villa*** (Artistic Gymnastics champion).

Two courses are planned, divided by beginners and advanced age groups (not simultaneously): for ages 5 to 16, each with a maximum of 15 participants. It is not possible to register children/teens outside the age ranges specified in the regulations.

Each course consists of a 45-minute lesson per day, Monday to Friday, in the 9:00 AM - 12:00 PM time slot, and will take place at Valentino Resort. In case of bad weather, the lessons will be rescheduled within the period leading up to the end of the Academy.

Registrations can be made during the vacation booking process, online or on-site at the **Front Office and Activity Point**. For information, please contact the Activity Point at Valentino Resort.

The cost is €100 per person for the entire week (single lessons cannot be booked). For families with more than one child participating, the full price applies to the first child, and a 50% discount is applied to the others. Please note that in order for the discount to apply, all children must stay in the same room. Each participant will receive a t-shirt to wear during the course.

At the end of each Academy course, a medal and a participation certificate will be awarded to each participant.

**In case the aforementioned champion/coach is unavailable due to unforeseen circumstances or injury, the same Academy will be conducted by a coach of equal standing.*

Fencing

At **Ethra Reserve**, from **June 30 to July 4, 2025**, and from **July 7 to July 11, 2025**, the Bluserena Sport Academy of Fencing will be held, exclusively for guests staying at one of the hotels and resorts in Ethra (Valentino Resort, Calanè Resort, Kalidria Hotel & Thalasso SPA, Alborèa Ecolodge Resort).

The Academy will feature an exceptional coach, **Marco Fichera*** (Fencing champion).

Two courses are planned (not simultaneously): for ages 6 to 13, and for those 14 and older, each with a maximum of 15 participants. It is not possible to register children/teens outside the age ranges specified in the regulations. Each course consists of a 45-minute lesson per day, Monday to Friday, in the 9:00 AM - 12:00 PM time slot, and will take place at Valentino Resort. In case of bad weather, the lessons will be rescheduled within the period leading up to the end of the Academy.

Registrations can be made during the vacation booking process, online or on-site at the **Front Office and Activity Point**. For information, please contact the Activity Point at Valentino Resort.

The cost is €100 per person for the entire week (single lessons cannot be booked). For families with more than one child participating, the full price applies to the first child, and a 50% discount is applied to the others. Please note that in order for the discount to apply, all children must stay in the same room. Each participant will receive a t-shirt to wear during the course.

At the end of each Academy course, a medal and a participation certificate will be awarded to each participant.

**In case the aforementioned champion/coach is unavailable due to unforeseen circumstances or injury, the same Academy will be conducted by a coach of equal standing.*